Annual Report of the Internal Committee

(2025 -2026)

1. Introduction

Internal Committee is re-constituted as per the guidelines of AICTE. The college has formed Internal Committee (IC) to establish an environment in the college campus, free from all kind of Gender inequality, sexual harassment and abuse with the following members for the academic year 2025-2026. The Presiding Officer and the members are hereby informed to take necessary measures to fulfill the primary function and responsibilities as specified.

Members of the Committee

S.No	Name of the Member	Category	Designation/ Department
01	Dr. N Kavitha	Presiding Officer	Professor - CSE
02	Prof. N Sai Kiranmai	Member	HOD-FME
03	Dr. P Venkat Rao	Member	Professor – FME
04	Mrs. Padma Priya	Member	NRCM, Admin Dept
05	Dr. Usha Rani	External Member	Psychologist Counsellor
06	Mr. Santosh Kumar	External Member	Advocate
07	Ms. P Vyshnavi	Member	Student
08	Ms. M Sneha	Member	Student
09	Ms. K Deepika Sai	Member	Student

2. Objectives of the Committee

- To ensure the campus free from all kinds of gender inequality.
- To ensure safe working environment to women at the Institution.
- To ensure gender equality of women in relation to work.
- To ensure protection, safety and security of women workforce.
- To curb the possibility of any kind of sexual harassment and abuse.
- To ensure zero tolerance policy in the matter of sexual harassment and abuse.
- To develop proper awareness among all on gender equality and sensitiveness.

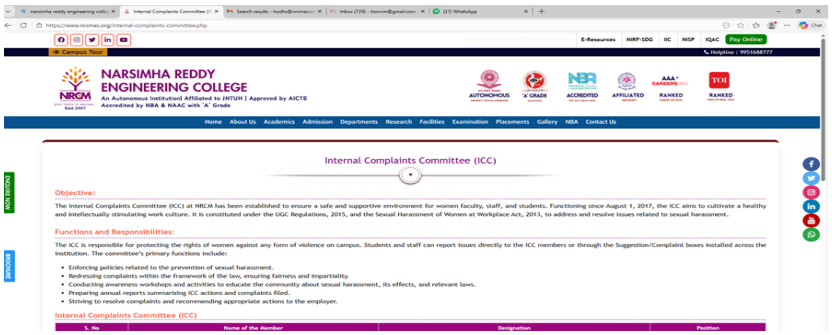
3. Uploading corresponding documents on institutional website:

The following documents are uploaded in the NRCM website.

1. Office order on Internal Committee
2. Circular for the meeting
3. Minutes of Meeting
4. Annual Report

The corresponding links are given as follows

Internal Committee (IC) || Narsimha Reddy Engineering College(NRCM) || Best UGC Autonomous Engineering College, Hyderabad



Events conducted for the Academic Year 2025-26

S.No	Name of the Event	Date of the Event
1	Awareness Drive about IC	23-8-2025
2	Women's Mental Health Program- Free Medical Camp	21-11- 2025
3	Cancer Awareness Digital Initiative by IC	4-2-2026
4	Women's Day Celebration	7-3-2026

4. Awareness Drive about IC

Event Report: Awareness Drive about IC
Organized by: Internal Committee
Convener:Dr.Kavitha Nallamothu
Date: 23-8-2025
Time: 10:00 AM – 12:00 PM
Venue: MG Block(Seminar Hall)

Conducted Awareness drive about Internal Committee on 23.08.2025 for new students and staff to explain Internal Committee roles and procedures.



Fig: Presiding Officer Dr.Kavitha Nallamothu explained Internal Committee roles to members and students.

5. Women's Mental Health Programme

Event Report: Free Medical Camp
Organized by: Internal Committee
Convener: Dr.Kavitha Nallamothu
Date: 21st November 2025
Time: 9:30 AM – 4:00 PM
Venue: MG Block(Seminar Hall)
Guest of Honor: Dr. Hema reddy, MD(OBG),Senior Gynecologist
& Shri Manjula Rao Jupally, GTA Exec Vice President, SMS Group Founder

1. Welcome Address:

The Convener warmly welcomed all dignitaries, guests, faculty members, and participants. She highlighted the objective and functionalities of IC for supporting and empowering women through health, awareness, and professional development initiatives.

2. Inaugural:

The program was inaugurated with a message emphasizing the importance of women's empowerment through health and awareness. The Convener/Presiding officer declared the camp open, stressing the Cell's commitment to organizing initiatives that strengthen women's confidence, well-being, and professional growth and followed by the lightening lamp with Guest of honor.

3. Guests of Honor:

- **Dr. Hema Reddy, MD (OBG), Senior Gynecologist**
- **Shri Manjula Rao Jupally, GTA Executive Vice President, SMS Group Founder**

Both dignitaries graced the occasion and shared valuable insights on women's health and empowerment.

4. Program Highlights:

- **Talk by Dr. Hema Reddy:** She delivered an informative session on **PCOD (Polycystic Ovarian Disease)**, explaining its symptoms, causes, and preventive measures. She emphasized lifestyle modifications such as balanced diet, exercise, and stress management to reduce risks.
- **Awareness on Junk Food & Work Pressure:** The session highlighted how unhealthy eating habits combined with workplace stress can negatively impact women's physical and mental health. Participants were encouraged to adopt healthy diets and stress-relief practices.
- **Medical Services:** Doctors and healthcare professionals conducted free health check-ups including blood pressure, sugar levels, and BMI. Free medicines were distributed to those in need.

- **Awareness Talk by Shri Majula Rao Jupally:** Experts spoke on nutrition, hygiene, preventive care, and healthy lifestyle practices.

5. Interactive Session & Q&A:

Participants actively engaged in discussions, asking questions about health issues and sharing personal experiences. Suggestions for future initiatives were collected to strengthen the role of IC.

6. General Health Check-up:

As part of the camp, doctors conducted **general health check-ups** for all participants. The check-ups included monitoring blood pressure, blood sugar levels, BMI, and other basic health parameters. This helped in identifying early signs of health issues and provided participants with valuable guidance on maintaining a healthy lifestyle.

The medical team also offered personalized advice where necessary, ensuring that women received both preventive care and immediate support.

6. Glimpses:

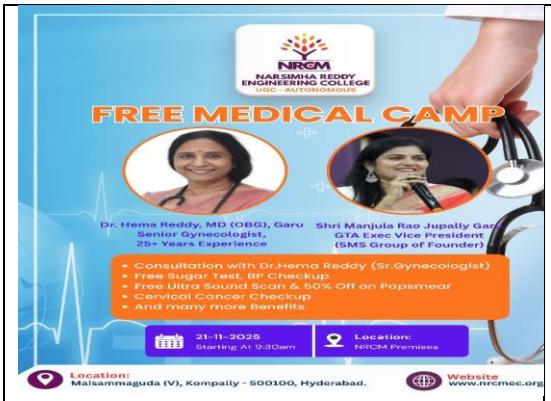




Fig: Guest of honor **Dr. Hema Reddy, Senior** Gynecologist And **Shri Manjula Rao Jupally, GTA Executive Vice President, SMS Group Founder addressing women faculty and students in free medical camp at Seminar hall MT block on 21-11-2025**



Fig: Women faculty and students actively utilized the free medical camp services. Dr. Hema Reddy, MD (OBG), Senior Gynecologist**, personally conducted general health check-ups, which included monitoring blood pressure, blood sugar levels, BMI, and other basic health parameters.**



నవతెలంగాణ

నర్సింహారెడ్డి ఇంజినీరింగ్ కళాశాలలో ఉచిత వైద్య శిబిరం

నవతెలంగాణ-మేడ్చల్

మైసమ్మగూడలోని నర్సింహారెడ్డి ఇంజినీరింగ్ కళాశాలలో శుక్రవారం ఉచిత వైద్య శిబిరాన్ని నిర్వహించారు. ఈ కార్యక్రమానికి ముఖ్యతిథిగా ఎన్ఎంఎస్ గ్రూప్ వ్యవస్థాపకురాలు మంజుల, ప్రముఖ వైద్యులు హేమారెడ్డి పాల్గొని మాట్లాడారు. కళాశాల విద్యార్థులకు, సిబ్బందికి ఉచిత వైద్య సేవలు అందించడం ప్రధాన లక్ష్యమని తెలిపారు. ఈ క్యాంప్ ద్వారా ప్రతి ఒక్కరూ ఆరోగ్యంగా ఉండేందుకు అవగాహన పెరిగతుందని చెప్పారు. ప్రతి ఒక్కరూ ఆరోగ్యం పై శ్రద్ధ వహించాలని, ఎప్పుడికప్పుడు తమ ఆరోగ్యం సంరక్షించుకునేందుకు తగిన పరీక్షలు చేసుకుంటే మంచిదని తెలిపారు. కళాశాల కార్యదర్శి జె.త్రిశూల్ రెడ్డి మాట్లాడుతూ.. నేటి తరంలో ఆరోగ్యంపై ప్రతి ఒక్కరూ శ్రద్ధ చూపాలని, ఇలాంటి మెడికల్ క్యాంప్ల ద్వారా ప్రతి ఒక్కరిలో ఆరోగ్యం ఆవశ్యకతను తెలుసుకోగలరని తెలిపారు. అనంతరం కళాశాల ప్రిన్సిపాల్ డా.ఆర్ లోకనాథం మాట్లాడుతూ.. వైద్య శిబిరంలో విద్యార్థులు భాగస్వాములవ్వడం ఆనందదాయమని, వారికి ఆరోగ్య పరిస్థితులను తెలుసుకునే అవకాశాన్ని ఈ మెగా క్యాంప్ కల్పిస్తోందని హర్షం వ్యక్తం చేశారు. ఈ కార్యక్రమానికి కళాశాల ఛైర్మన్ జె. నర్సింహారెడ్డి, కార్యదర్శి జె.త్రిశూల్ రెడ్డి, కోశాధికారి జె.త్రిలోక్ రెడ్డి, కళాశాల ప్రిన్సిపాల్ డా.ఆర్.లోకనాథం, కార్యక్రమ సమన్వయకర్త, సౌమ్య, వలు విభాగాధిపతులు, అధ్యాపకులు విద్యార్థులు పాల్గొన్నారు.

22/11/2025 | HYDERABAD | Page : 4
Source : https://epaper.navatelangana.com/

7. Conclusion

The Free Medical Camp was a success, creating awareness about women's health issues and providing essential medical support. The presence of distinguished guests added great value to the program. The initiative reinforced the Internal Committee's mission of empowering women not only professionally but also in terms of health and well-being.

7. Cancer Awareness Digital Initiative by IC

Event Report: Cancer Awareness Digital Initiative by IC

Organized by: Internal Committee

Date: 4th Feburary 2026

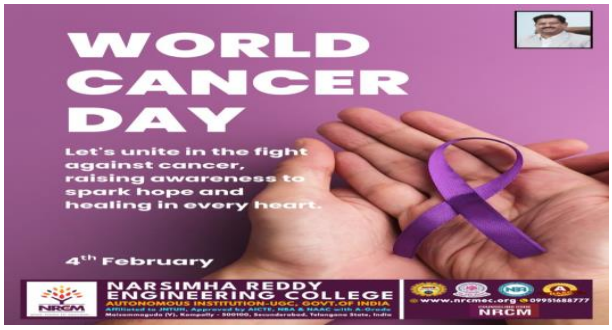
1. Cancer Awareness Digital Initiative by IC

The **Internal Committee (IC)** of NRCM launched a specialized **Cancer Awareness Program** driven through a digital outreach strategy. Designed as a unique health-welfare campaign, the initiative utilized popular social media formats to effectively spread vital health education across the campus community.

- **Student-Led Content:** In a creative effort, **YouTube Reels** were specially **created by the students of NRCM** to maximize engagement. These short, impact-driven video clip focused on educating viewers about early cancer warning signs, basic self-awareness metrics, and essential preventive healthcare measures.

- **Objective:** By leveraging modern digital formats, the IC successfully bridged the gap between student creativity and crucial wellness awareness, making critical medical information easily digestible and accessible.

2. Glimpses:







3. Conclusion:

The campaign received widespread appreciation from both faculty and students for its innovative, tech-savvy approach to social and health responsibility.

8. 2026 Celebrations of International Women's Day on 7th March

Event Report: Women's Day Celebration

Theme: "Shaping the Next Gen: Women Leaders in Engineering"

Organized by: Internal Committee

Date: 7th March 2026

Time: 1:00 PM – 4:00 PM

Venue: MG Block(Seminar Hall)

Guest of Honor: Dr.K.Anurdha, Department of CSE

1. Welcome Address:

The Convener warmly welcomed all dignitaries, guests, faculty members, and participants. She highlighted the objective and functionalities of IC for supporting and empowering women in all the aspects.

2. Inaugural:

The program was inaugurated with a message emphasizing the importance of women's empowerment. The Convener stressing the Cell's commitment to organizing initiatives that strengthen women's confidence, well-being, and professional growth and followed by the lightening lamp with Guest of honor.

3. Guests of Honor:

Dr.K Anuradha, Professor, Department of CSE graced the occasion as the Guest of Honour along with women pioneers of NRCM and shared valuable insights to women faculty.

4. Program Highlights:

- **Talk by Dr. K Anuradha:** Speaking at the age of **60**, she praised the women faculty for guiding the next generation of engineers. She urged them to **lead fearlessly** and **mentor young minds** to break new ground in tech education.

- **Key Suggestion:** She advised the faculty to actively **collaborate on research projects** and **create strong mentorship networks** to help younger women rise into leadership roles

Participants actively engaged in discussions, asking questions about her journey in research, balancing personal and academic career. Suggestions for future initiatives were collected to strengthen the research activities.

5. Recreational activities:

Following the address, the committee organized a series of engaging recreational games for the women faculty. These activities fostered great enthusiasm, team spirit, and a joyful atmosphere, celebrating the day with energy

6. Glimpses:





7. Conclusion:

The event concluded on a high note with a vote of thanks from the IC team. It successfully celebrated the invaluable contributions of the staff, leaving everyone inspired with a strong sense of **empowerment and unity**.

9. Action Taken on Complaints

No complaints were lodged till now

9. Conclusion

The Internal Committee has played a pivotal role in fostering a safe and inclusive environment. Through awareness programs and Women's Day celebrations, the committee has reinforced its commitment to empowerment, equality, and respect.

PRESIDING OFFICER

PRINCIPAL

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